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	ITO	
B	RUNSKI	

5K-10K saturday, august 11, 2012



EVENTS CO-SPONSORED BY





COST	Received	Received
COST	before	August 3
	August 2	or after
	\$17	\$20
5K/10K	\$12	\$15
	(NO SHIRT)	(NO SHIRT)
1/2 1/4	\$5	\$5
	• •	\$3
MILE	(NO SHIRT)	(NO SHIRT)



BIKE RACES

But wait, there's more! After the run starting at Noon, Junior through Men's divisions bike races. Food, beverages and fun. Criterium races start on Broad Street. Sponsored by O2 Cycling and Heavy Pedals Velo Club.

THANK YOU TO OUR SPONSORS

MAJOR EVENT SPONSOR



CONTRIBUTING SPONSORS





City of MenashaParks and Recreation Department
140 Main Street
Menasha, WI 54952-3190

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Menasha, WI 54952-3190 www.cityofmenasha-wi.gov



saturday, august 11, 2012

OTTO GRUNSKI RUNSKI 10K/5K & KID'S RUNSKI 1/4 & 1/2 MILE

REGISTRATION FORM

Make Checks payable to:

City of Menasha 140 Main St. • Menasha, Wi 54956 Please Fill Out Separate Forms For Each Participant

Name:				
Gender: M / F				
Age on Race Day:				
Date of Birth				
Address:				
City:				
State: Zip:				
Phone:()				
Email Address:(future Grunski informatio only)				
Circle T-Shirt Selection				
Adult S M L XL XXL* (Some shirts may be available on race day; but not guaranteed if registered after August 3, 2012. * Add \$2 for XXL)				
Circle Event: 5K 10K				
Kids Run: 1/4 mile (ages 6 & under) OR 1/2 mile (ages 7-12) Kids event not timed				
Grunski Runski Ages: 5K: □ 13 & Under □ 14-19 □ 20-29 □ 30-39 □ 40-49 □ 50-59 □ 60-69 □ 70-79 □ Wheelchair				
10K: □ 14-19 □ 20-29 □ 30-39 □ 40-49 □ 50-59 □ 60-69 □ 70-79 □ Wheelchair				
Total Enclosed: \$ WAIVER (Must be signed) I enter this event at my own risk and agree to hold the City of Menasha, all race sponsors, and all workers or volunteers associated with this event harmless for all liability, damage or personal injury I may sustain out of my participation in this event. If applicable, as parent or guardian, I have explained to my child to the best of my ability, the risks associated with running or walking this event, and all risks associated with participation in this event.ible to participate in this competition.				

(Parent or Guardian's Signature if entrant is under the age of 18)

Entrant's Signature

OTTO GRUNSKI RUNSK 5K-10K

KID'S RUNSKI 1/4 & 1/2 MILE

saturday, august 11, 2012

START TIMES:

10K Walkers & Wheelchairs 10K Runners 5K Runners/Walkers 1/4 mile & 1/2 mile races Awards 8:20 AM 8:25 AM 8:30 AM 10:15& 10:20 AM 10:45 AM (approx.)

KIDS RUNSKI

A kid's event to promote healthy activity. Courses will start and finish by the Jefferson Park Pavilion.

GRUNSKI RUNSKI

Separate start lines for 5K and 10K. Courses start by the pool and end in Jefferson Park. Relatively flat, fast course. Three water stations on the 10K course and one on the 5K. 10K /5K chip timed.

AWARDS

10K /5K runs: Plaques to 1st place in each division, medals to 2nd and 3rd.

Kids Runski: Ribbons and top 3 finishers in each event will be recognized.

Please attend Award Ceremony around 10:45 AM in the pavilion.

RACE RESULTS AVAILABLE ONLINE AT:

www.cityofmenasha-wi.gov

REGISTRATION

By Mail: Please complete the attached entry form and enclose a check made payable to: City of Menasha.

Send entries to: City of Menasha

Parks & Recreation Department

140 Main Street Menasha, WI 54952

ONLINE REGISTRATION



RACE DAY REGISTRATION & PACKET PICK-UP

Saturday, August 11 at 6:30 AM Jefferson Park Pavillion • Menasha

EARLY RACE PACKET PICK-UP

Friday, August 10 11:00 AM-6:00 PM Jefferson Park Pavillion 915 Third Street • Menasha

To avoid waiting in line on race day, pre-registration is highly recommended.

Packets may be picked up the morning of the race starting at 6:30 AM.

OFFICIAL ENTRY AND DETAILED RACE COURSE MAP AVAILABLE ONLINE AT:

www.cityofmenasha-wi.gov

